

LOCAL SUPPORT FOR DOMESTIC ABUSE, SEXUAL VIOLENCE, AND STALKING IN THE SOUTHWEST

WHAT WE DO

FearFree is the leading charity working to break the cycle of abuse across the Southwest. Every year we support over 10,000 adults and children to not only keep them safe but to help them rebuild their lives free from fear and abuse.

DOMESTIC ABUSE

Every year, 2 million people in the UK suffer some form of domestic abuse. We support people right from crisis, through to trauma recovery and onto to specialised education and skills programmes. We also run perpetrator programmes to help people identify harmful behaviours and stop it from happening again.

STALKING AND HARASSMENT

Stalking is more common than many people think. Our expert staff implement safety measures and help our clients to live their lives, free from fear from stalking and harassment.

CHILDREN AND YOUNG PEOPLE

80% of abusers have experienced a form of abuse themselves. We have a dedicated team who give children educational sessions on how to identify unhealthy relationships and how to deal with their emotions in a positive way, helping to break the cycle of abuse.

FearFree Charity is a registered charity (No: 1064764) and a company limited by guarantee in England and Wales (No: 3360057). Registered address: Oak House, Epsom Square, White Horse Business Park, Trowbridge, BA14 0XG



**FEAR
FREE**

**BREAKING
THE CYCLE
OF ABUSE**